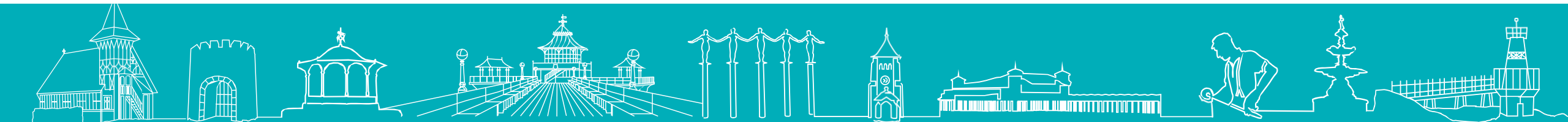


Joint Health and Wellbeing Strategy Action Plan: Refresh and Progress

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Purpose

- Provide a review of refreshed action plan and progress made in delivery

Phase 1 of Health and Wellbeing Strategy Action Plan refresh (completed)

Implementation of communications plan

Progress in delivery of strategy action plan (2022-23 Q1)

Update regarding phase 2 of refresh process

Refresh of the Health and Wellbeing Strategy Action Plan

- New objectives
 - **Prevention theme:** food, nutrition and food insecurity (x1) & substance use (x1)
 - **Thriving communities:** wider determinants of health (x1) & cost of living (x1)
- Reflect new actions: oral health, alcohol-related harms; fuel poverty
- New objective to address cost-of-living crisis

New & amended actions

New actions:

1. Prevention; physical activity (x3)
2. Prevention; substance use (x1)
3. Early intervention: food, nutrition and food insecurity (x2)

Amended actions:

1. Prevention; substance use (x1)
2. Early intervention; substance use (x1)

Actions that have been removed

i. Prevention; food, nutrition and food insecurity

Action: We will support delivery of cooking programmes in schools where the prevalence of unhealthy weight is highest.

Rationale: This action is integrated into the action regarding the community food grants scheme, as cooking projects are eligible to apply for these grants.

Actions that have been removed

ii. Prevention; physical activity

Action to be removed: We will promote active travel for journeys to school among children by creating a pilot programme including school reward-based games and resources linked to support for schools, using targeted mapping to identify where this is needed most. (2022-2023)

Rationale: Merged into forthcoming Physical Activity Strategy

Action to be removed: We will work with North Somerset Together and take a strengths-based approach to build opportunities for community-based physical activity for older people, linking with the Volunteering and Empowering Communities strategies.

Rationale: Community actions have been funded and are represented elsewhere in the action plan

Progress - 2022-23 Q1

Status	No. of actions	% of actions
Completed	9	15
In progress	35	58
Not started (incl. 2 actions not yet due to start)**	16	27
Totals	60	100

**Four projects now in progress, four linked to development of Physical Activity Strategy, and additional actions to be initiated during Q2 and Q3.

Refresh process - phase 2 (indicative funding)

Linked to forthcoming strategy development

Mental health - adults	£100K
Mental health - CYP	£100K
Risk behaviour – YP	£50K
Physical activity	£80K

Addressing gaps to tackle inequality

HWB of carers	£40K
Equality, Diversity, Inclusion	£50K
Green infrastructure & sustainability	£65K

Refresh process – phase 2

Mental health - adults

Adult MH needs assessment completed; consultation initiated; strategy development continuing; strategic funding process to be developed

Mental health - CYP

CYP MH needs assessment completed; consultation initiated; strategy development continuing, strategic funding process to be developed

Risk behaviour – YP

Literature review completed & next steps to be discussed & agreed with partners, with anticipated focus on resilience and socio-emotional health among those with greatest need

Physical activity

Prioritisation of actions and funding plans to be agreed collaboratively as part of development of forthcoming Physical Activity strategy

Refresh process – phase 2

HWB of carers

Needs assessment to be completed & next steps to be agreed

Equality, Diversity,
Inclusion

Equality Scheme Implementation Group recommendations to be considered as part of proposal development. EDI to be incorporated into all workstreams

Green infrastructure &
sustainability

Review of needs and gaps underway with partners, considering links with Health and Wellbeing Strategy as well as other relevant North Somerset strategies

Communications

- Communications plan developed and initiated regarding phase 1 of action plan refresh
 - Series of themed press releases (NSC and BNSSG ICB)
 - Articles for North Somerset Councillors and North Somerset Council staff
 - Town and Parish Digest
 - North Somerset Life
- Forthcoming focus on individual stories and case studies (2023 onwards)

The Board are invited to:

- Provide comments/ approval for the refreshed Health and Wellbeing Strategy action plan (phase 1)
- Review progress regarding implementation of the strategy
- Note the communications activity regarding new projects linked to the Health and Wellbeing Strategy
- Provide comments or suggestions regarding phase 2 of the refresh process

Thank you

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North Somerset Health and Wellbeing Strategy Oversight Board

